



SUSAN RAPHAEL

International Certified Alcohol Drug Counsellor

Author | Addiction Expert | Mental Health Advocate

Transforming Teen Mental Health Through Family Connection



Speaking Topics:

Your Teen is in Crisis. You don't have to be.

- Understanding teen mental health and crisis signs
- Developing effective communication strategies to break through teen resistance
- Creating family support systems that promote lasting recovery
- Building teen resilience through proven psychological techniques
- + custom topics and presentations available.

Bio:

- 20+ years of clinical experience in family therapy
- Author of the book **What's Wrong with My Teen?**
- Referral clinician with the NBA
- Helped 1000+ families navigate mental health challenges
- Member of the Canadian Addiction Counsellors Certification Federation, the gold standard certification for addiction counsellors.

Now Booking:

Keynote Presentations, Parent Education Sessions, School District Training, Mental Health Conferences, Panel Discussions and more.

Signature Presentations:

- What's Wrong With My Teen?
- The Family System: Building Resilience Together

Offering and Rates:

- Virtual and In Person
- Engagements start at \$2K, with books and travel costs extra.

1 Hour Workshop

90 minute Keynote Address

Contact us for availability, custom quotes, or details.

"Susan offers not just a lifeline but a compassionate roadmap for parents navigating the turbulent waters of teenage addiction and mental health challenges."

-Dr. Vera Ingrid Tarman, MD, MSc, FCFP, Specialist in Addiction Medicine